Itä-Karjalan Kansanopisto

Itä-Karjalan Kansanopisto is a modern, non-political and non-religious folk high school offering both general and vocational education. Here students are given an opportunity to develop and improve skills and abilities which will help them succeed in further studies, working life and society.

As a residential school, Itä-Karjalan Kansanopisto provides a safe living environment for young people who are leaving home for the first time. With the support of staff and other students, they will learn to cope more independently in everyday situations.

Many of the courses offered are suitable for mature and senior students and to people who are looking for new experiences.

There are about 100-150 students attending each long course.

A personal study plan will be drawn up for each student, where suitable previous studies will be counted in the student's favour.

Where We Are:

- 30 km east of Savonlinna by main route number 14 (335 km from Helsinki)
- 34 km from the airport
- 7 km from the railway station, shops and services
- 3–5 km from the Retretti Art Centre, the Finnish Forest Museum Lusto and other attractions
- 1 km from Kruunupuisto, Punkaharju Rehabilitation Centre, where a sports hall, swimming pool and other facilities are available
- 0,5 km from the nearest bus stop

Nature Pursuits, Outdoor Activities and Sports

Itä-Karjalan Kansanopisto is situated in a location of superb natural beauty, right on the magnificent Punkaharju ridge. One of the best known natural sights in the country, Punkaharju ridge is a natural formation dating from the Ice Age. It is surrounded on both sides by lakes and magnificent scenery. The area offers excellent opportunities for a variety of outdoor activities such as hiking, fishing and horseback riding.

In the evenings students can also take part in various activities at the School itself: these include different clubs and sports such as volleyball, badminton and table tennis. A swimming pool, gym and sports hall for ball games are situated within a walking distance of the School. Sauna facilities are also available to students at the School.

Cultural and Sporting Events

The Savonlinna region is famous for the vast range of cultural and sporting events offered here. Among some of the summer's highlights are the Savonlinna Opera Festival, art exhibitions at the Retretti Art Centre, and visits from international ballet companies. Other events worth seeing include the Forest Culture Days at the Finnish Forest Museum Lusto, the yearly rowing event in Sulkava and the Linna-Volley volleyball tournament, just to name a few.

Other services available at Itä-Karjalan Kansanopisto:

- A variety of interesting short courses, Summer High School courses and international working camp
- High quality accommodation and catering services

Contact information:

Itä-Karjalan Kansanopisto Valoniementie 32 58450 PUNKAHARJU FINLAND

General and Vocational Education

Course Information, Halls of Residence and Accommodation Services

(If phoning the School from another country, select +358 [country code] before the number and omit the first "0" of the area code or mobile phone number.)

Office and switchboard	(015) 572 11
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Principal Maija Tenojoki	(015) 572 1270
-Mobile phone	050 375 7935
Supervisor, Halls of Residence	(015) 572 1201
Out of hours number for Halls of Residence	050 363 5114
Cafeteria	(015) 572 1230
Building maintenance service	0400 250 185

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